

Aerial Arts Studio

Monday			18:15 – 19:15 Beginner Aerial Hoop	19:15 – 20:15 Intermediate Aerial Hoop	20:15 – 21:15 Advanced Aerial Hoop
Tuesday	16:15 – 17:00 Mini Tricksters	17:00-18:00 Tricksters Beg/Inter		19:15 – 20:15 Beginner/Int Pole Fitness	20:15 – 21:15 Intermediate Pole Fitness
Wednesday	16:15-17:00 Mini Tricksters	17:30 – 18:30 Tricksters Intermediate		19:00 – 20:00 Beginner/Int Aerial Silks	20:00 - 21:00 Advanced Aerial Silks
Thursday	16:30-17:30 Tricksters Beg/Inter	17:30-18:30 Tricksters Intermediate		19:00 – 20:00 Curves Pole Fitness	20:00 – 21:00 Advanced Pole Fitness
Friday			17:30-18:30 Tricksters Pre-Advanced Silks	PRIVATES/ REHEARSALS/PARTIES	PRIVATES/ REHEARSALS/PARTIES
Saturday	09:15 – 10:15 Tricksters Beg/Inter	10:15-11:15 Tricksters Advanced Hoop	11:30-12:30 Beg/Inter Aerial Silks	PRIVATES/ REHEARSALS/PARTIES	PRIVATES/ REHEARSALS/PARTIES
Sunday	15:00-16:00 Mixed Ability Sling	16:10-17:10 Tricksters Beg/Int	17:15-18:15 Tricksters Advanced Silks	PRIVATES/ REHEARSALS	19:00-20:00 Mixed Ability Pole Fitness

Colour code

Yellow – Classes for Children

Blue – Classes for Adults

Age guide

Mini Tricksters – age 5-7

Tricksters – age 8 plus

Adult Classes – age 14 plus

Trials Available

Minis - £7

Tricksters - £10

Adult Classes - £10

Memberships (per month)

Mini Tricksters - £38.50

Tricksters - £43.50

Adults Memberships – From £49